

Absolute Mind is a multi-speciality psychological clinic that provides various psychological services, to give the right solution for your mental health problems. Here, we provide evidence based Psychotherapy, Counseling and other services for a wide range of psychological issues, under qualified and experienced professionals. We provide our services for people of all the age groups and gender, through our clinics at Calicut, Manjeri and Kannur or through our Online Counseling Service. Your mental health matters to us!

Learning opportunities at Absolute Mind

Explore internship opportunities and mentorship programs at our Absolute Mind Clinic, designed to offer invaluable practical exposure for psychology students. Engage in meaningful learning experiences with our experienced and licensed psychologists, gaining hands-on insights into the field. Elevate your skills and knowledge through immersive mentorship that extends beyond the classroom, fostering growth and preparing you for a successful career in psychology. Join us in creating a dynamic and enriching environment for aspiring professionals in the field of psychology.

- PANEL OF PSYCHOLOGISTS -



Ameena Sithara Clinical Psychologist MSc,MPhil (Cli. Psy), PhD Scholar CRR NO: A54211



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Shamna Consultant Psychologist



Abhinand S
Consultant Psychologist



Anagha M M Consultant Psychologist



Misna M
Consultant Psychologist
MA in Psychology



Najiya P Consultant Psychologist



Neeraja Nair A V Clinical Psychologist MSc, MPhil (Cli. Psy)



Rukhiya Shamla Consultant Psychologist



Anaina Vinod Consultant Psychologist MSc (App. Psy)



Lulu P K
Consultant Psychologist
MSc (Gen. Psy)



Namitha Vijayan P Consultant Psychologist



Thamburu P
Consultant Psychologist
MSc (Gen. Psy)



Husna Muhammed Ali Consultant Psychologist MSc, MPhil (Applied Psychology)



Adolescent Mental Health

Behaviour Modification & Management Exam Fear Career Guidance & Motivation Anger Management Anxiety & Low Confidence Related Issues Relationship Issues





Child Development

Learning Disability & Remedial Training Attention Deficit Hyperactivity Disorder **Autism Training** Special Training For Children with Intellectual Deficits Behaviour Modification & Management Child's Emotional & Behavioural Issues





Adult Mental Health

Anger Management Marital & Sex Therapy Drug & Alcohol De-Addiction **Smoking Cessation** Social Skills Training Memory Training for Dementia Stress & Work Related Issues Psychotic & Neurotic Disorders Neuro Rehabilitation





Psychometric Testing

Developmental Disorders Personality Test Memory Test **Projective Test** IQ Test Other Assessments













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